

PRICE LIST OF SPA PROCEDURES

EXAMINATION MEDICAL PROCEDURES

	Value in points	Time (Min.)	Price (EUR)
Entrance medical examination			36
Medical check-up			11
Targeted medical examination			20

AUXILIARY EXAMINATION PROCEDURES

	Value in points	Time (Min.)	Price (EUR)
✓ ECG (electrocardiogram)			11
Arranging of lab testing			6
Lab testing -screening			58
12 hours assistance services			123

NATURAL HEALING SOURCES

	Value in points	Time (Min.)	Price (EUR)
Peat pack + total dry pack *	3	30	24
✓ Peat compress	2	20	12
Total peat bath + total dry pack *	3	30	34
Partial peat bath (50% filling of the bathtub) + total dry pack *	3	30	28

KINEZIOTHERAPY

	Value in points	Time (Min.)	Price (EUR)
Individual TPT - soft and mobilization techniques, fitness and analytic methods *	3	30	18
Individual TPT on neurophysiologic base *	3	45	22
TPT on devices under supervision - motor splint	1	30	7
TPT on devices under supervision - exercise bike, pedals	1	15	4
TPT on devices under supervision - auto-traction (inversion) table *	1	15	4
✓ TPT on devices under supervision - fitness gym with the instructor (no more than 4 members in a group)	1	30	7
Individual TPT - locomotion and mobility practice *	3	30	18
✓ Group TPT type I (no more than 5 persons) – sensomotoric = exercise on balance half balls (ball segments), balls = exercise on gymballs)	1	30	8
✓ Nordic walking	1	30	7
✓ Group TPT type II (6-12 persons) - fitness, hips, TEP, Bechterew's disease	1	30	7
✓ Group TPT in a swimming pool with thermal water (small pool)	2	45	13
✓ Group TPT in a swimming pool with thermal water, incl. hydrotherapy (large pool)	2	45	12
Kineziotaping (max. 40 cm), provided only within an individual TPT procedure			3
(Note: TPT - therapeutic physical training)			

HYDROTHERAPY

	Value in points	Time (Min.)	Price (EUR)
✓ Partial whirl bath - upper or lower limbs	1	15	8
✓ Pearl bath + dry pack	3	30	17
✓ Alternating foot bath	1	15	8
✓ Total additive bath + total dry pack	2	30	16
✓ Hydromassage bath + total dry pack	3	30	21
✓ Whole-body whirl bath	3	15	17

REFLEX THERAPY

	Value in points	Time (Min.)	Price (EUR)
Soft and mobilization techniques *	2	15	12
Reflex and soft tissue (ligament) massage *	3	30	28

Note: *Marked procedures are not freely marketable. The consultation of a physician is necessary.

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Belohrad peat spa

MECHANOTHERAPY			
	Value in points	Time (Min.)	Price (EUR)
Instrumental compress. therapy (pneuen, 1 limb) *	1	30	9
Sonotherapy (ultrasound) *	1		6
Instrumental foot massage (pedio)	1	10	5
✓ Mechanical massage	1	15	4
✓ Bulb massage	2	15	11
Hydrojet (instrumental massage) *	2	15	11
Total classic massage + shower	3	60	35
✓ Partial classic massage + shower (15 min)	2	15	11
Partial classic massage + shower (25 min)	3	25	19
Total underwater massage *	3	20	22
Classic manual lympho-drainage		70	47
ELECTROTHERAPY			
	Value in points	Time (Min.)	Price (EUR)
✓ Inhalation (Vincentka)	1	15	5
Electrotherapy II (galva, diadynamic, interferential currents, TENS, Träber's currents, photomagnetotherapy) *	1		6
Electrotherapy IV (specific selective stimulation, stimulation of weakened muscles) *	2	30	12
Magnetotherapy *	2	30	12
PHOTOTHERAPY			
	Value in points	Time (Min.)	Price (EUR)
✓ UV radiation (sunlamp)	1		6
✓ Infrared radiation (Solux)	1	15	5
✓ Visible light polychromatic including polarized light (Biolampa, Biostim, Bioptron)	1	15	6
Laser - application via the probe *	2		11
Whole-body UV irradiation (Waldmann - based on dermatologist's indication) *			21
Local UV irradiation (Waldmann - based on dermatologist's indication) *			15
Local UV irradiation by comb (Waldmann - based on dermatologist's indication) *			13
THERMOTHERAPY			
	Value in points	Time (Min.)	Price (EUR)
✓ Warm compresses	2	20	12
✓ Paraffin (hands)	2	20	12
CO ₂ – APPLICATION - FROM THE ARTIFICIAL SOURCE			
	Value in points	Time (Min.)	Price (EUR)
✓ Partial carbonic gas bath	1	30	7
CO ₂ subcutaneous insufflation (gas injections) *	1	5	6
Partial carbonic water bath + total dry pack	2	30	12
✓ Total carbonic water bath + total dry pack	2	30	16
OXYGENOTHERAPY			
	Value in points	Time (Min.)	Price (EUR)
✓ Individual O ₂ inhalation	2	50	10
OTHERS			
	Value in points	Time (Min.)	Price (EUR)
Medical consultation - 15 min in a foreign language		15	26
Medical consultation + ECG (electrocardiogram)		15	21
Medical consultation - 15 min		15	11

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- ✓ Marked procedures are provided only within a loyalty programme of Lázně Bělohrad a.s.
- Time of the procedure means its duration from the client's arrival, undressing up to the client's leaving.