

# Price list of spa & relaxation stays

LÁZNĚ BĚLOHRAD



Lázně Bělohrad a.s. is certified as follows:



- EUROPE SPA med©



- Quality certificate under ISO 9001:2000



In the last five years Spa Lazne Belohrad are among the 100 best Czech companies in the competition Czech TOP 100, category of Health – Education - Humanity.



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	Relax (Person/7 Nights)			Natur (Person/7 Nights)			Senior (Person/7 Nights)		
	WS	LS	HS	WS	LS	HS	WS	LS	HS
<b>Grand Hotel</b>									
Single room	581	595	609	553	567	581	532	546	560
Double room	490	504	518	469	483	497	448	462	476
<b>Janeček Hotel, Anna Marie Hotel, Stefanie Depandance</b>									
Single room	532	553	567	511	525	539	490	504	518
Double room	448	462	476	427	441	455	406	420	434
Suite	595	609	623	574	588	602	546	567	581

	Classic (Person/Night)			Classic Light (Person/Night)		
	WS	LS	HS	WS	LS	HS
<b>Grand Hotel</b>						
Single room	91	93	95	85	87	89
Double room	79	81	83	73	75	77
<b>Janeček Hotel, Anna Marie Hotel, Stefanie Depandance</b>						
Single room	85	87	89	79	81	83
Double room	73	75	77	67	69	71
Suite	93	95	97	87	89	91

Price list is valid from 1. 1. 2019

WS = Winter Season:

2. 1. – 31. 1. 2019

LS = Low Season:

1. 2. – 31. 3. 2019 / 1. 11. – 21. 12. 2019

HS = High Season:

1. 4. – 31. 10. 2019

Prices include half board.

Extra charge for full board is 6,50 € per person and night.

Prices exclude a spa fee, which amounts to 15 CZK per day.



BĚLOHRAD  
PEAT SPA

PRICE LIST

Valid from 1. 1. 2019



# Medical spa & relaxation stays



## Classic

Three treatments per day

## Classic Light

Two treatments per day

## Senior

7 nights | half board | 12 treatments

## Relax

7 nights | half board | 15 treatments

## Natur

7 nights | half board | 10 treatments

Focusing on treating and preventing musculoskeletal disorders, this programme will suit any age group.

- Accommodation in a double room.
- Half board (breakfast buffet, 3-course dinner)
- Initial examination by a physician.
- The customised treatment programme shall be set up by the attending physician in accordance with the client's existing state of health.
- A follow-up examination (for stays longer than a week).
- Minimum period of stay: 6 days / 5 nights.
- Free entry to the swimming pool in hotel Grand.

Thanks to this weekly relaxation-reconditioning stay, you draw a new energy and feel fit. A doctor will prepare you the list of the treatments at the beginning of your stay.

- Accommodation in a double room.
- Half board (breakfast buffet, 3-course dinner)
- 1× initial medical consultation.
- Preparation of an individual treatment plan.
- Nordic walking.
- Free entry to the swimming pool in hotel Grand.

This programme makes use of treatments facilitating complete relaxation and rejuvenation of the body.

- 1× consultation with a physician.
- 2× standard hand massage (partial) + a shower (15 min.).
- 1× bubble bath & dry wrap.
- 1× bath with additives & dry wrap.
- 2× gas carbonic bath.
- 2× peat poultice & dry wrap.
- 2× group fitness exercises in the pool, incl. hydrotherapy (45 min.)
- 2× individual oxygen inhalation (50 min.)
- 1× special massage using a Hydro-Jet.
- 2× paraffin hand pack.
- Free entry to the swimming pool in hotel Grand.

*\* A doctor can change the treatment programme depending on the actual client's state of health.*

In essence, this programme utilises peat, a natural healing resource.

- 1× consultation with a physician.
- 2× standard hand massage (partial) + a shower (15 min.).
- 2× bubble bath / bath with additives & dry wrap.
- 2× individual physiotherapy by a specialist (30 min.).
- 2× peat pack & dry wrap.
- 1× group fitness exercises in the pool, incl. hydrotherapy (45 min.).
- 1× peat poultice & dry wrap.
- Free entry to the swimming pool in hotel Grand.

*\* A doctor can change the treatment programme depending on the actual client's state of health.*

For more details on the full range of programmes, please visit

[www.belohrad.cz/en](http://www.belohrad.cz/en)

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GRAND HOTEL



JANEČEK HOTEL



ANNA MARIE HOTEL



STEFANIE DEPANDANCE

